LITA of CC P.O. Box 121 Port Costa, CA 94569 Non Profit Org. U.S. Postage PAID Permit #73 Port Costa, CA

"Love Is The Answer"

Spring/Summer News 2013

The Mission of LITA of Contra Costa is to improve the quality of life & alleviate loneliness for Contra Costa County residents living in Nursing Care and Assisted Living by matching them with regular volunteer visitors who become friends.



A Pet Visit for Valentine's Day

LITA of Contra Costa was Founded in 1980 as a Non-Profit Organization/ 501c (3) with Tax ID # 94-2766013 LITA of CC Email: <u>info@litaofcontracosta.org</u> West County Phone (510) 527-2055, Victoria Ryan LITA Director (925) 212-4573, Central/East County Volunteer Co-ordinator, Bunny Daly (925) 323-5363

LITA brought the *El Cerrito High Jazz Combo* to Shield's Nursing Center, creating an afternoon of superb sounds. Thanks to combo member Molly Radosevitch for coordinating & Gary Buffon of EC Rotary for suggesting them.



LITA of Contra Costa thanks our donors, especially The Woodbury Foundation, Bernice M. Hemphill Trust, Helenmae and Porter Thompson Foundation, El Cerrito City Club, El Cerrito Rotary, El Cerrito Royale, Chevron employees & retirees, The Mechanics Bank, Phillips 66 and our loyal individual donors.

Donate to LITA of Contra Costa at: www.litaofcontracosta.org Left column Click the Big Red Heart!

Donors may also Use the Corporate Mailing Address: LITA of CC, PO Box 121, Port Costa, California, 94569

ACTIVITY DIRECTORS: LITA of CC relies on their good communication skills and lots of patience with new volunteers. LITA thanks long time Activity Director Patricia Rawlings, who keeps things humming at The Parkview in Pleasanton. Jessica Flores started at Concord's Courtyard at Pine Creek & now is AD at Sunrise Senior Living in Danville. LITA welcomes Michael Skramstad, as new Director of Activities at Willow Pass Health Care in Concord.



Patricia Rawling thrives



Jessica Flores new beginning



Michael Skranstad arrives



In Loving Memory of Patricia "Patsy" Berndt who departed at age 83, on Easter Saturday 2013. Pat served as LITA Secretary for decades and attended her last board meeting with us in January. She will be missed by so many people, and even more so by her good friends on LITA of CC's board. Thank you letters went to each of you who made a donation to LITA of Contra Costa in Patsy's name.



Patsy knew absolutely everyone. Our annual booth at the El Cerrito July 4th fair will certainly never be the same without her. It was an honor for us to work beside her and share precious time with her during her final months. We will all do our best to keep up her energetic attention to detail and always great sense of humor.

New LITA Youth, Music and Circus Volunteers Spring/Summer 2013

West County: Gianna Jones 28, began as a weekly friendly visitor in January at Greenridge Senior Care. In February Antioch Convalescent Hospital welcomedBeata Keleman, (front cover) and her 12 lb Min pin mix Bugatti "the sweetest dog ever-Bugatti loves people and wants to kiss everybody!" They were joined by Angela Smith & friends (below left) at a Valentine's Day Social. LITA Director Victoria also played guitar and sang at that event. Weekly Music volunteers Maria and Ed had their debut at Antioch Convalescent Hospital in March and continued performing for 6 local Antioch area hospitals. Ed Patacsil continues as a favorite regular at several LITA facilities.







Valentine Pet & Music Social

Dreamtime Circus at Greenridge Senior Care

Maria and Ed in Antioch

Two great performances at Greenridge Sr. Care March 28th: Dreamtime Circus performers set up for one 11am show for skilled nursing. Then set up again and did a 2 pm show for assisted living residents. Between shows at LITA Director Victoria Ryan laid out an organic vegan lunch for the performers. El Cerrito Royale Music volunteer Meso Tadeo is slated for oldies music hour. Weekly Pet visitors Lawrence Miller, Dad and daughter Gillian (age 11) began visits in April with their family dog, Yofi with the lovely seniors at Chaparral House in Berkeley. Abel, "Abelito" Zarazua (below right) got top marks as all-round helper at El Cerrito Royale, where he volunteered throughout May.



ViseshaVisits



Windsor Rosewood Care Cookie Social



SJH &Visual Arts & Music Able Helps

Central County Visesha Kakarla (above left), weekly visitor and student with sights on a career in medicine, has continued since starting in January at <u>Parkview Assisted Living</u> LITA's Bunny Daly brought <u>Windsor Rosewood</u> <u>Care Center</u> a Cookie Social with DVC International Student Club (10 students) and patients. Anna Hu & Mission San Jose High School-Visual Arts & Music Students (4 above) play piano, sang songs in Japanese & English and led sing-a-longs for residents in Pleasanton at <u>Parkview Assisted Living</u>. <u>Windsor Rosewood Care Center</u> welcomed new LITA weekly friendly visitor, Maggie Silverchow. Pet visitors, Judy Key & Ditto (mini golden doodle) have proved to be favorites with a growing number of dog lovers in Concord at <u>The Courtyard at Pinecreek</u> Residents there also welcomed back one on one visitor, Brenda Mittlebuscher (returning volunteer from Sept. 2011).

LITA of CC registered for September to facilitate Chevron's Week of Caring with 3 Pet Parades: Wed 9/18 at Sunrise Senior Living in Danville , Thurs 9/19 at Stonebrook Health Care Center and Friday 9/20 at Parkview Pleasanton

Benefit LITA of CC: ENTER 9 DRAWINGS on JULY 4th

9 Separate Drawings to Enhance your Chances - 2pm @ LITA's booth in El Cerrito You Do Not Need to be Present to Win

Drawing #1: Port Costa Bayview Hilltop home 2 Night stay, 4 persons Valued: \$600 Property details at: Homeaway.com /Port Costa, CA Check calendar dates through July 10, 2014

Drawing #2:

Drawing #3



#3 Jesse Allen original Serigraph Goat & Volcano, 5"sq on 9"mat Valued at \$275

\$200 VISA Gift Card

Drawing #4



#4 Mata Ortiz 11" with stand by Sabino Villalba H. Valued at \$130





#5 Joan Finton mixed Media Etching Matted 11"x15 Valued at \$ 100



Drawing # 6 3 bottles Sauvignon Blanc

Drawings #7 3 bottles Buttonwood Merlot Three bottles 2012 Sauvignon Blanc \$66 Value Buttonwood '09 Merlot \$66 Value Visit: www.buttonwoodwinerv.com

Drawing #8 2-\$50 Gift Certificates: Lark Creek Restaurant Group www.larkcreek.com

Drawing# 9: The ever popular TJ's Bag Valued \$40

MAIL Check to LITA of CC PO BOX 121 PORT Costa, CA 94569

Indicate number of t	tickets for each d	rawing & which drawing(s) you wish to enter
2 Tickets for \$ 5	LITA wil	l copy & enter all tickets you purchase. Enter as many
5 Tickets for \$ 10	drawings a	s you wish. Put your drawing # (s) by your amount(s) at left.
20 Tickets for \$ 20	Print name	& contact info clearly- include your phone an/or email
35 Tickets for \$ 75	DRAWING	2 PM JULY 4 YOU NEED NOT BE PRESENT TO WIN
200 Tickets for \$100	Drawing at LI	TA booth near Moeser Lane and Pomona, at Cerrito Vista Park
(20 cents per entry)		
	Name	Phone