

LITA of CC  
P. O. Box 121  
Port Costa, CA 94569

Non Profit Org.  
U.S. Postage  
PAID  
Permit # 873  
Port Costa, CA

## Love Is The Answer

## Winter News 2012



*Music Volunteers November folk jam with residents at Byron Park Assisted Living  
"Jammers" (left to right) John Gruenstein, Jim Elliott, Victoria Ryan, Jim Evans and Bev Crane*

*The Mission of LITA of CC is to improve the quality of life & alleviate loneliness for elder and /or disabled Nursing Care and Assisted Living residents in Contra Costa County facilities, making matches with regular visitors who become friends. LITA Visitors include weekly readers, families, students, pets and musicians.*

**LITA of Contra Costa, founded in 1980 is a Non-Profit Organization 501c(3) Tax ID#94-2766013**  
*LITA of CC supporters: The Woodbury Foundation, Helenmae and Porter Thompson Foundation, Bernice M. Hemphill Trust, selected corporations, clubs & many kind and loyal individual donors.*



**You may donate to LITA of Contra Costa at [www.litaofcontracosta.org](http://www.litaofcontracosta.org) or mail a contribution to: LITA of CC, PO Box 121, Port Costa, CA 94569-0212 Email: [info@litaofcontracosta.org](mailto:info@litaofcontracosta.org)  
Phone Numbers (510) 527-2055 **LOVE IS THE ANSWER** Executive Director (925) 212-4573**

*Merry Christmas Happy Hanukkah Felice Navidad Glædelig Jul Shub Naya Baras  
Heri'za Kwanza Winter Solstice Wishes Maligayang Pasko Shinnen omedeto Joyeux Noël*













## Winter 2012

*Dear Volunteers & Donors,*

**Thank you for supporting LITA 'Love Is the Answer' of Contra Costa.**

As we begin our 33rd year serving residents in Contra Costa County Skilled Nursing Hospitals and Assisted Living Communities, 36 facilities regularly receive the benefit of your volunteer efforts and donations. Our annual active average remains in excess of 110 dedicated volunteers, proving week after week and one person at a time that *'Love Is the Answer'*.

With the aging of America, LITA of CC has more need than ever for great volunteers. We appreciate the time you devote making friendly visits to the elderly and disabled. It's only with the efforts of volunteers like you that LITA can rise to meet the growing challenge to brighten the lives of those living in senior care facilities.

Great thanks goes out to our weekly One on One Friendly Visitors, our Pet Visitors, our Intergeneration Appreciation Youth Group Visitors and Special Event & Entertainment Volunteers.

We also wish to thank everyone that has made donations supporting LITA of CC programs throughout the year including Foundation, Trust and Corporate supporters and of course our special family of individual donors.

The holiday season is a time for giving. LITA of Contra Costa thanks you all for giving generously of your time and treasure, throughout the year.

On behalf of the LITA of CC board of directors and Volunteer Coordinator, I am extending heartfelt wishes for a wonderful holiday season and a great New Year in 2013 for you and your families.

Sincerely,

*Victoria Ryan*  
*Executive Director*  
*LITA of Contra Costa*